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MUSICcityCOUNSELOR

# THANK YOU FOR YOUR PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

☆☆☆☆☆ **EXTREMELY SATISFIED**

♥ *laura oathout*

## LET'S CONNECT!



For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** [www.musiccitycounselor.com](http://www.musiccitycounselor.com)

♥ **MEMBERSHIP:** [www.counselorcollab.com](http://www.counselorcollab.com)

# Please click here to access the digital activity:

[https://docs.google.com/presentation/d/1GsSWLytE-gyvdx7UjgFGXkqStiR2jq26w\\_zRgNp-Bis/copy](https://docs.google.com/presentation/d/1GsSWLytE-gyvdx7UjgFGXkqStiR2jq26w_zRgNp-Bis/copy)

## General Google Slides Directions:

1. Please sign in with your Google account.
2. Please click "make a copy" and a copy of the lesson will automatically be saved to your Google Drive.
3. If you are using Google Classroom, please assign the activity to your students.
4. If you are not using Google Classroom, you can post the resource to the virtual platform that you are using, or email the link directly to students. If you email the link to students, please make sure that they or their parents have a free Google account first. They will click on the link, sign in with their Google account, and then a copy of the lesson will automatically be saved to their Google Drive. They can then use any device (tablet, smart phone, computer) to access the resource.
5. To use the interactive features of the lesson, please make sure that you are in "edit mode," not in "presentation" full-screen mode.



# How to Use the Activity:

**\*\*Please make sure students are using the presentation in "edit" mode (NOT in full-screen "presentation" mode) or the interactive slides will not work!\*\***

- This presentation teaches students all about coping skills! It first reviews the definition of coping skills. Next, it tells the story of a little boy named Corey who sometimes has trouble managing his BIG feelings. His school counselor Miss Reyes comes to his class to set up a Calm Corner where he can take a break and practice his coping skills. After the story, the presentation offers 3 discussion questions for students to answer. They can type in the text boxes that say "type here." Then, students learn and review 6 coping skills, discuss their favorite coping tools, and learn how controlling our feelings helps us in school and in life. The last slide asks students to type about their favorite coping skills.
- Printable activities are also included in the zip folder that you can use to supplement or close the lesson if you'd like.
- Questions? Please contact me at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com). I'm here to help!
- PS I so appreciate when you please take a moment to leave feedback on my resources. It earns you credits towards future purchases, helps other educators find quality resources, and helps my small business grow! 😊



# TERMS OF USE:

- Make copies for the purchaser's classroom AND share copies with other educators within your school building
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Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ *laura oathout*

THIS RESOURCE WAS MADE POSSIBLE THANKS TO:

